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Whitmore

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John Whitmore  
the industry and very much the definitive work that all coaches stand on. This new edition explains clearly and in-depth how to unlock people s potential to maximise their performance Contains the eponymous GROW model (Goals, Reality, Options, Will), now established as the basis for coaching professionals.

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Coaching for Performance: GROWing  
Human Potential and ...

Sir John Whitmore was the pioneer of  
coaching in the workplace and Co-  
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John Whitmore. He was the first to take coaching into organizations in the early 1980s and creator of the GROW model, the most used coaching model in the world.

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Fifth Edition: The ...  
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The world's No 1 coaching book available in multiple languages globally. Coaching for Performance: The Principles and Practice of Coaching and Leadership, fully revised 5th Edition, by Sir John Whitmore and Performance Consultants International. Endorsed by the

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John Whitmore International Coach Federation (ICF).

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Coaching for Performance | Performance  
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□ Coaching is unlocking a person's  
potential to maximize their own  
performance, □ Whitmore states. According

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John Whitmore, coaching is helping a person to learn rather than teaching them. The initial chapters of the book describe how the concept of coaching has evolved and the various applications of coaching.

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Coaching for Performance by Sir John

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## Whitmore Book Review ...

Sir John Whitmore was one of the giants of the coaching profession and established the field of coaching in the UK. His book *Coaching for Performance* was one of the very first coaching books, has...

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Whitmore's popular, authoritative book, now in its fourth edition, is a classic contribution in the field of performance coaching. getAbstract recommends it as a tremendous resource on the philosophy and methodology of coaching.

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Coaching for Performance Free Summary  
by John Whitmore

Sir John Whitmore Pioneer of coaching  
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Whitmore (1937–2017) was co-founder of  
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Sir John Whitmore coaching pioneer |  
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Sir John Whitmore's seminal text  
Coaching for Performance has been, at  
various times, the No. 1 Best Seller in  
many categories including: Management;  
Business team management skills;  
Business coaching & mentoring skills; and  
Human resources management. The book  
introduced the world to the GROW

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Model, created by Sir John and colleagues in the 1980s and has sold over a million copies in more than 20 languages.

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Sir John Whitmore's Coaching for  
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Whitmore's Coaching for Performance is the grandfather of coaching books and coaching approaches. Thousands of high performing organizations have tapped into its wisdom. Much of what has come to be known as professional business coaching came from Timothy Gallway and Whitmore's sports training techniques.

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A review of Coaching for Performance by  
John Whitmore

Coaching for Performance: GROWing  
Human Potential and Purpose - the  
Principles and Practice of Coaching and  
Leadership (People Skills for

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reviews. Coaching is a way of managing, a way of treating people, a way of thinking, a way of being.

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Coaching for Performance: GROWing

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Human Potential and ...

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22 quotes from John Whitmore: 'Coaching  
is unlocking people's potential to  
maximize their own performance.'

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John Whitmore  
'Coaching focuses on future possibilities, not past mistakes', and 'As with any new skill, attitude, style, or belief, adopting a coaching ethos requires commitment, practice, and some time before it flows naturally and its effectiveness is optimized.'

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John Whitmore Quotes (Author of  
Coaching for Performance)

Defining the Four Stages of Performance  
Coaching In 1979 Sir John Whitmore and  
Graham Alexander brought The Inner  
Game to Europe, with the blessing of  
Inner Game creator Tim Gallwey. They

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John realized the value of The Inner Game for leaders and managers of organizations.

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The GROW Model □ Coaching for  
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This is "Sir John Whitmore Reflections -  
Women in Coaching #3" by Performance

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Sir John Whitmore was the pioneer of  
coaching in the workplace and Co-

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Founder of Performance Consultants International, the market leader in coaching globally. He was the first to take coaching into organizations in the early 1980s and creator of the GROW model, the most used coaching model in the world.



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Coaching for Performance Fifth Edition:  
The Principles and ...

□Coaching for Performance□ □ Sir John  
Whitmore The book which launched an  
entirely new profession, □Coaching for  
Performance; the Principles and Practice  
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by Sir John in 1992 and is now in its fifth edition.

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